

ActiveSG Para Sport Academy Open Swim Meet 2026

1 INTRODUCTION

ActiveSG Para Sport Academy is pleased to invite all schools, associations and clubs to participate in the ActiveSG Para Sport Academy Open Swim Meet 2026 on 07 March 2026 (Saturday).

1.1 Objectives:

- Creating opportunities for Persons with Disabilities (PWDs) to compete
- Broadening participation among para-swimmers of all abilities

1.2 This document contains:

- 1 – Introduction
- 2 – General Information
- 3 – Event Information
- 4 – Event Regulations
- 5 – Event Procedures
- 6 – Medals
- 7 – Protest
- 8 – Risk Management
- 9 – Personal Data Protection
- 10 – Filming and Photography

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2 GENERAL INFORMATION

2.1 Venue: Delta Swimming Complex

2.2 Event Date/Time: 07 March 2026 (Saturday)
9am - 2pm
(Timing subject to changes)

2.3 Categories: 13 years old and above (Born in 2013 or before)
7 - 12 years old (Born between 2014 - 2019)

2.4 Eligibility: **Participants who enter the 50m or 25m (unaided) events must possess the ability and skills required to complete their events proficiently, i.e. be able and confident to swim at least 50m or 25m respectively without buoyancy aid.**
Participants who enter the 25m aided events are required to have caregivers on standby to provide assistance in the water.
The organiser reserves the right to remove participants from their events if they are found to not meet the competency level, or for safety considerations.
Participant has either Physical Impairment, Visual Impairment and/or Intellectual Impairment (including Down Syndrome or Autism).

2.5 Entry Fees: **No entry fees**

2.6 Registration Deadline: **21 February 2026**

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Submit all necessary documents via email to activesg_parasport@sport.gov.sg by the registration deadline.

Late entries will **not** be accepted. Changes of entries will **not** be allowed after **28 February 2026**. Start lists will be sent out via email within a week before competition. Team Managers will be put into a WhatsApp group for ease of communication.

2.7 Classification:

Participants **do not need** to hold a valid local or international official classification status. Participants will be registered under the following classification and categories.

Physical Impairment (PI)	Wheelchair User Non-wheelchair User
Intellectual Impairment (II)	All swimmers will be classified under ONE group
Visual Impairment (VI)	All swimmers will be classified under ONE group

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2.8 For any other enquiries: Please contact PSA at activesg_parasport@sport.gov.sg

3 **EVENTS OFFERED**

Events Offered Venue	
50m Freestyle 50m Breaststroke 50m Backstroke 50m Butterfly 100m Freestyle	Competition Pool
25m Freestyle 25m Breaststroke 25m Backstroke 25m Freestyle with floats 25m Freestyle with caregivers' assistance	Training Pool
Note: Events at the Training Pool are not competitive events, hence no timing will be recorded and there are no medal placings.	

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3.1 Event Order (Tentative)

Long Course (50m) (Competition Pool)

- Male (12 & below) 50m Breaststroke
- Male (13 & above) 50m Breaststroke
- Female (12 & below) 50m Breaststroke
- Female (13 & above) 50m Breaststroke

- Male (12 & below) 50m Freestyle
- Male (13 & above) 50m Freestyle
- Female (12 & below) 50m Freestyle
- Female (13 & above) 50m Freestyle

- Male (12 & below) 50m Backstroke
- Male (13 & above) 50m Backstroke
- Female (12 & below) 50m Backstroke
- Female (13 & above) 50m Backstroke

- Male (12 & below) 50m Butterfly
- Male (13 & above) 50m Butterfly
- Female (12 & below) 50m Butterfly
- Female (13 & above) 50m Butterfly

- Male (12 & below) 100m Freestyle
- Male (13 & above) 100m Freestyle
- Female (12 & below) 100m Freestyle
- Female (13 & above) 100m Freestyle

Short Course (25m) (Training Pool)

- Male (12 & below) 25m Breaststroke
- Male (13 & above) 25m Breaststroke
- Female (12 & below) 25m Breaststroke
- Female (13 & above) 25m Breaststroke

- Male (12 & below) 25m Freestyle
- Male (13 & above) 25m Freestyle
- Female (12 & below) 25m Freestyle
- Female (13 & above) 25m Freestyle

- Male (12 & below) 25m Backstroke
- Male (13 & above) 25m Backstroke
- Female (12 & below) 25m Backstroke
- Female (13 & above) 25m Backstroke

- Male (12 & below) 25m Freestyle (with float)
- Male (13 & above) 25m Freestyle (with float)
- Female (12 & below) 25m Freestyle (with float)
- Female (13 & above) 25m Freestyle (with float)

- Male (12 & below) 25m Freestyle (with caregiver)
- Male (13 & above) 25m Freestyle (with caregiver)
- Female (12 & below) 25m Freestyle (with caregiver)
- Female (13 & above) 25m Freestyle (with caregiver)

Note: Both long and short course events will be conducted simultaneously.

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4 EVENT REGULATIONS

4.1 Organiser

4.1.1 PSA, as the swim meet organiser, shall have jurisdiction over all matters.

4.2 Sports Entries

4.2.1 All events shall be conducted in a timed finals format.

4.2.2 Minimum age for all competitors is **7 years old (born in 2019)**.

4.2.3 There are no minimum qualifying standards, but all participants **must at least be competent** in their respective events, i.e. be able and confident to swim at least 50m or 25m respectively. Participants who enter the 25m aided events are required to have caregivers on standby to provide assistance in the water.

4.2.4 The Organiser reserves the right to combine events depending on the number of entries.

4.2.5 Please refer to Events Offered for the complete list of events offered.

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5 EVENT PROCEDURES

5.1 Reporting to competition officials

- 5.1.1 Persons-in-charge and team managers are responsible for marshalling the participants to the Call Room.
- 5.1.2 Participants of each event must report to the Call Room at least 15 minutes before their scheduled event commences.
- 5.1.4 Participants who do not report at the stipulated time for an event would be excluded from the event and shall be indicated as **DNS** (did not start). Participants who report after the next event is called will not be allowed to compete unless they had been involved in another event or in prize giving when the event is announced.
- 5.1.5 Persons-in-charge and team managers must inform the competitor officials if their athletes are involved in another event or prize giving when their names are called.

5.2 The Start

- 5.2.1 No participant shall report directly to the starter.
- 5.2.2 A swimmer may be permitted to start beside the starting platform.

5.4 Results of the meet

- 5.4.1 The final competition results shall be time-based. Hence, there shall be no heats for all events.
- 5.4.2 Two or more events may combine if there are insufficient competitors. Results will be recorded based on each individual's performance in his/her category.

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6 MEDALS

- 6.1 Each participant will receive a participation medal if they swim for at least one event.
- 6.2 Additionally, 1st, 2nd and 3rd placing medals will be awarded to the first three placings for competitive events i.e events at the competition pool.

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7 **PROTEST**

7.1 No protest shall be made in this competition.

8 **RISK MANAGEMENT**

8.1 All sport activities contain some form of risk. While the organiser has undertaken all measures deemed necessary to ensure safety at the event, it is the onus of the participant and / or team manager / coach / teacher-in-charge / caregiver to determine whether it is safe for the participant to take part in the event. The organiser shall not be responsible or assume liability for any injury to and death of persons, or loss of or damage to property, which may be sustained during the activity arising from any cause in connection with the activity.

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8.2 The organiser will be providing paramedic and ambulance services in case of emergencies during the event. However, any hospitalisation, inpatient, outpatient or emergency costs that may be incurred by the participant shall remain the responsibility of the participant.

9 PERSONAL DATA PROTECTION

9.1 All participants in the swim meet are deemed to have given written permission to the organiser to collect, analyse and collate any personal information relating to that participant, as the organiser may in their sole discretion deem fit, including without any limitation information for the organiser's programme, planning, date-processing, statistical or risk-analysis, research, fund-raising and/ or, any other purposes in furtherance of the functions or powers of PSA.

10 FILMING AND PHOTOGRAPHY

10.1 Photographs and videos will be taken at this event and be used to promote para swimming and disability sport. This could include the use of photographs and videos on our social media or other public engagement platforms.

10.2 As it may not be viable to administer censorship during the photography or videography procedures, the organiser shall endeavour to censor individuals, based on their requests, before any use of the photos or videos. Such censorship may be requested by the participant by completing the Photography and Videography Refusal Form (Form B).



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